

THE REALITY OF HUNGER

- From 1999-2004, the rate of hunger **grew five times faster** than the national population; the national population grew by 1.3 percent, while the number of people suffering from hunger grew by 6.5 percent.
- Texas is **third in the nation** with the highest percentage of families who are hungry, according to the most recent USDA findings.
- In the 13 North Texas counties served by the North Texas Food Bank (NTFB), more than 692,000 individuals live below the federal poverty level.
- Each month, NTFB agency pantries distribute food to more than 56,000 families, and on-site meal programs serve more than 494,000 meals/snacks. One-third of the clients served are under 18-years old, and nearly a fifth are 65 or older.
- Forty percent of the households served through the NTFB feeding and education programs have at least one employed adult. They are known as the “working hungry.”
 - Each month they must pay for transportation, housing and utilities, and then hope that their already-limited resources will cover a month's supply of food for their family.
 - Many of those served by NTFB member agencies have recently lost their jobs through no fault of their own.
 - Others are dealing with overwhelming and often unexpected healthcare expenses.



Celebrating 25 years of service to the community, The North Texas Food Bank (NTFB) passionately pursues a hunger-free North Texas through nutritious food distribution, advocacy and education. Last year, NTFB distributed 37 million pounds of food to 678 feeding and education programs in 13 North Texas counties, including after-school programs, residential treatment programs, food pantries, emergency shelters, soup kitchens, senior citizen centers and low-

income daycare centers.

NTFB is a member of America's Second Harvest – The Nation's Food Bank Network. To learn more about NTFB and the issues of hunger, visit our website: www.ntfb.org.

- For every dollar donated to NTFB, we are able to provide five meals. (\$1 = 5 meals)
- Out of each dollar donated, ninety-seven cents is used to feed hungry North Texas families.

HOW TO GET INVOLVED

- **Give your voice.** Learn about hunger and the work of NTFB and tell others.
- **Give an hour.** Volunteer at our warehouse, at an agency or for an NTFB event.
- **Give a pound.** Host a traditional or virtual food drive at work, or with your faith, school or civic group.
- **Give a dollar.** We can take one dollar and provide five meals for hungry families in North Texas.

Imagine . . . North Texas Without Hunger

The North Texas Food Bank (NTFB) passionately pursues a hunger-free community